



Nasal Packing

1. Patients should know that there are still many raw surface areas in the nose that will ooze with time. Patients should not bend over and should sleep with their head elevated until they return to the office for nasal splint removal.
2. Do not blow nose at any time or sneeze.
3. Do gentle irrigation of nasal cavity with saline (Ocean Spray) irrigation twice a day following nasal packing removal and let it irrigate out. Do not blow after this.
4. If you have any questions, please feel free to call the office at (972) 566-6555 or toll free, (800) 344-4068.