



Please contact our office immediately if your child experiences any of the following:

**Fever**

**Rash**

**Draining from incision**

**Falls or accidents that may have injured the incision site**

**Unable to keep down fluids**

Remember that it is very normal for everyone in your family to experience anxiety related to any surgery. Please feel free to contact our office with any questions you may have.



## General Pre-operative Instructions

The anesthesiologist will call you the night prior to surgery. Please be sure that the Surgery Coordinator has an updated phone number for you.

Once your child has been taken from holding, you will need to sign in and wait in the third floor surgical waiting room. This is located right outside of the Pediatric Intensive Care Unit. Your Physician will send word to that area and will look for you once the surgery is complete. Once your child is stable in recovery you will be allowed in to see your child.

If your child is staying overnight in the hospital in PICU, you will be able to see your child whenever you would like, however you will not be able to sleep in the room. Your Physician recommends that you go home and get good rest the first night. Once you are moved to the floor (6th floor in building D) you will be able to spend the night in the room with your child. One of the physicians from our office will see your child daily in the hospital.

Your post op appointments will be made for you today. Generally you will see either a nurse or the Physician Assistant on your first post op visit.

Post op visit \_\_\_\_\_ @ \_\_\_\_\_ with \_\_\_\_\_

Post op visit \_\_\_\_\_ @ \_\_\_\_\_ with \_\_\_\_\_

You will see Dr. \_\_\_\_\_ on \_\_\_\_\_ @ \_\_\_\_\_

If your child has stitches (sutures), please clean with a cotton swab and ½ strength Hydrogen Peroxide diluted with saline or water several times a day. Cleaning the suture line and keeping it free of old scabbing and crusting will help the area to heal nicely.

Swelling is normal after surgery. Fluid travels with gravity, therefore by elevating the head, it helps to decrease swelling. If your child is more swollen in the morning or after naps, this is the reason. Encourage extra pillows or head elevation as long as there is significant swelling.

It is expected for any child after having surgery to be irritable and to have a decreased appetite. However, please encourage adequate fluids and nutrition while adhering to any dietary restrictions.