



Post-op Ear Reconstruction Instructions

1. You will be in the hospital for one to three nights, depending on your ear surgery. Please leave dressing dry and intact until removed by the physician.
2. After you are discharged from the hospital, you will have dressing changes in the office for two weeks (14 days) after your surgery date.

This will require you to come to our office for the nurse or medical assistant to remove and replace the ear dressing *everyday*. The caregiver will be taught how to change the dressing over the weekend. This is very important for cleanliness and the healing process.

3. You may have a chest incision with dissolvable sutures and steri-strips. Please leave the steri strips alone and do not pull on them. They usually fall off on their own.
4. The sutures will be removed from the ear and your hair can be washed two weeks after surgery.
5. If you experience excessive pain or a sudden increase in pain, more so than experienced after surgery, contact our office.
6. Pain medication should be taken as needed and antibiotics should be taken until they are all gone.

The hospital should supply you with the following items when you are discharged. ***You may need to request these items before you leave!*** Please bring these items to the office with you for your appointments.

Large pink basin
Normal Saline
Hydrogen Peroxide
Suture removal kit
3 tubes Bacitracin

Adaptic
4x4 gauze
Kerlix & Q-tips
Sterile gloves size 7 ½
Surginet-size 7 or 8.

Please call our office at 972-331-1900 to make an appointment for ear dressing removal-replacement before leaving the hospital.

If you encounter any problems during or after office hours,
please do not hesitate to call us.